

# Achievements & Highlights

## Milestone for Uro-oncology Surgery at SKMCH&RC, Lahore

The uro-oncology team of the Surgical Department of SKMCH&RC, Lahore achieved the milestone of performing 100 laparoscopic nephrectomies, which means removal of the kidney using a minimally invasive technique, as opposed to open surgeries. It also included the first reported day case of radical laparoscopic nephrectomy in Pakistan, performed by a team led by Dr Zubair Cheema on a 62-year old cancer patient who underwent the procedure in the morning and was discharged by evening, on the road to a quick recovery.

## Excellence in Management



Mr. Tariq Azam, Director Marketing & Resource Development at SKMCH&RC, receiving the Excellence Certificate in the Not-for-Profit category from Syed Mohammad Shabbar, the Chief Guest at the 36th Corporate Excellence Awards by the Management Association of Pakistan.

## Supporter Spotlight



Luke Grenfell-Shaw, a British cyclist, being welcomed by a cancer patient at SKMCH&RC, Lahore. Luke was visiting Pakistan as part of his mission to cycle 30,000 km from Bristol to Beijing to prove that you can live with cancer richly and fully. He selected Shaukat Khanum Memorial Trust as the regional charity partner in Pakistan.

## Equipment Update



A view of one of the linear accelerators installed at SKMCH&RC, Peshawar, recently upgraded with cone beam CT, an on-board three-dimensional imaging system, for delivery of radiation therapy with greater accuracy.

## Patient Safety



Our food services recently achieved the ISO 22000:2018 certification for food safety management. Nutrition plays an important role in improving treatment outcomes for patients. The needy patients admitted at our hospitals in Lahore and in Peshawar are provided nutritious meals free of cost.

## Healing Environment



A new play area opens at the Clinical & Radiation Oncology Department located in the basement of SKMCH&RC, Lahore, ready to bring smiles to children undergoing radiation therapy.

PLEASE DEPOSIT YOUR ZAKAT, SADQAT AND DONATIONS AT ANY OF OUR OVERSEAS OFFICES GIVEN BELOW

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# HOPE

New Year Edition 2022



LAY BRICKS OF HOPE IN THE CITY OF LIGHTS!  
**TOGETHER WE WILL BUILD  
SHAUKAT KHANUM HOSPITAL  
KARACHI!**



INSIDE THIS ISSUE,  
READ UPDATES ON:-

- ❑ Construction of SKMCH&RC, Karachi
- ❑ 20th Shaukat Khanum Cancer Symposium
- ❑ Breast Cancer Awareness
- ❑ Achievements & Highlights

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## Milestone Achieved: Nearly 70% of Grey Structure Completed for SKMCH&RC, Karachi

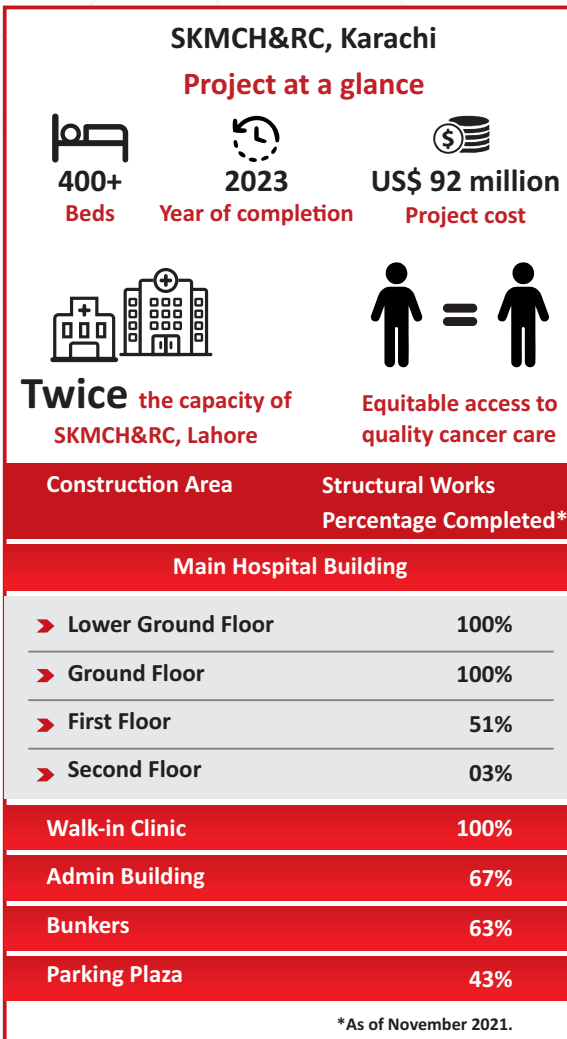


Reaching a new milestone, nearly 70% of the grey structure has been completed for Shaukat Khanum Memorial Cancer Hospital and Research Centre (SKMCH&RC) located in DHA City, Karachi. The structure for the Walk-in Clinic is ready, which is the first point of contact for patients who arrive for triaging, so we can provide the best possible treatment to the maximum number of people suffering from cancer. For the main building, the structural works are complete for the lower ground and ground floors while work is continuing a pace for the first floor and the second floor. After completion of the structural works, the process of finishing and equipping of the facility will begin and the hospital is planned to open in late-2023, at a total cost of US\$ 92 million.

While a number of facilities in Karachi treat cancer, often to a very high standard, this huge city lacks a state-of-

the-art tertiary care cancer centre for all, irrespective of their ability to pay. It is to bridge this gap, and so as to be able to provide free and high-quality cancer care to as many people as possible, that we have undertaken the gargantuan task of constructing our third, and Pakistan's biggest, cancer hospital, in Karachi.

At twice the size of our hospital in Lahore, our new hospital will serve not only the city of Karachi, but also patients from elsewhere in Sindh, as well as from Southern Baluchistan, who will now have a comprehensive cancer treatment facility closer to their homes. The hospital will be equipped with the latest in technology for both diagnosis and treatment, and will be staffed by highly-qualified professionals. It will continue the tradition of our hospitals in Lahore and in Peshawar by providing free treatment to the underprivileged.



Our Friends in Pakistan can send an **SMS to 7770** and **Donate Rs. 20** (plus tax) to SKMT. Give SMS donation each day and lay bricks of hope for SKMCH&RC, Karachi!

## The Need for Detecting Cancer Earlier Stressed at the 20th Shaukat Khanum Cancer Symposium

The 20th Annual Shaukat Khanum Cancer Symposium was held from the 5th to the 7th of November 2021. In view of the COVID-19 pandemic, this was a virtual meeting, as it was last year. Education of healthcare professionals is an important element of our mission statement and we ensure that despite any unprecedented challenges, we continue to facilitate exchange of ideas and information related to cancer care.

Over the past two decades, the Shaukat Khanum Symposium has become a much-anticipated annual event as a leading regional meeting on cancer. This year, we had 185 international and national speakers from twenty-three countries with over 3,500 registered attendees. At the Plenary Session of the symposium, Professor Azra Raza from Columbia University, New York, emphasised the need for early detection of cancer at the stage of the First Cell to be able to prevent the clinical appearance of cancer. According to Dr Raza, there is a need to re-imagine cancer research and treatment by finding the First Cell to eradicate cancer instead of chasing the last cell. Dr Muhammed Aasim Yusuf, acting CEO of Shaukat Khanum Hospitals, announced the winner of the Ahsan Rashid Memorial Research Award, which is a popular segment aimed at encouraging research on cancer. Dr Asad Parvaiz, Chair of the Symposium this year, congratulated the entire symposium committee for organising a successful event despite the challenges presented by the ongoing corona virus pandemic.



A screen-grab from the Plenary Session of the 20<sup>th</sup> Shaukat Khanum Cancer Symposium. From Top Left: Dr Aasim Yusuf, acting CEO of SKMCH&RC and Dr Asad Parvaiz, Chair of the Symposium. Bottom: Dr Azra Raza, the Plenary Speaker.

### Prevention & Early Detection

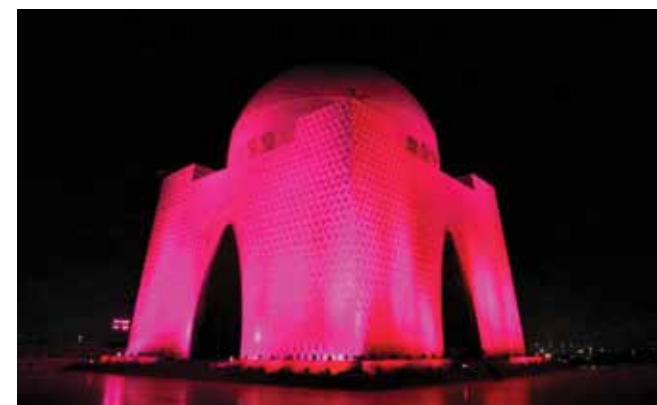
## First Signs of Hope After Two Decades of Shaukat Khanum Breast Cancer Awareness Campaign



After the opening of our first hospital in 1994 in Lahore, quite early on, we noticed breast cancer as the highest reported malignancy—a type of cancer with high cure rates in early stages. Unfortunately, women were presenting very late due to lack of awareness and stigma associated with the disease. To address the problem, we adopted breast cancer awareness as a regular annual awareness campaign, aimed to achieve improved survival for breast cancer in our region.

After two decades of awareness efforts, we are now pleased to see the first signs of a shift to earlier presentation and diagnosis. However,

many women are still losing their lives due to delays in diagnosis and treatment. Therefore, despite the coronavirus pandemic, we again ensured this year that important conversations about breast cancer continue. We organised a variety of activities, such as virtual awareness sessions in educational institutions as well as sessions for the general public. We empowered women to take ownership of the cause with Pink Tea Parties, and we engaged leading corporate organisations and national media on the subject to maximise the impact of our message.



The Quaid's Mausoleum in Karachi turned pink as part of the Shaukat Khanum Breast Cancer Awareness Campaign.



Begum Samina Alvi, the First Lady of Pakistan, inaugurating a breast cancer awareness event at the Jinnah Polo Fields in Lahore.