News & Highlights



SKMCH&RC marked World Cancer Day by conducting activities with patients; a virtual panel discussion by clinical experts; and media coverage. Dr Muhammed Aasim Yusuf, Acting CEO of SKMT, participated in an exclusive online session organised by the Union for International Cancer Control, to discuss the mission and journey of making world class cancer care accessible to everyone, irrespective of ethnicity, gender, or



A patient stands in front of a Tree of Life decorated with messages for cancer patients to mark International Childhood Cancer Day on February 15, 2021.



Donors and supporters visiting the Intensive Care Unit at SKMCH&RC, Peshawar for a room dedication ceremony.

CORRIGENDUM

The image published under 'Equipment Update' in the previous edition was of a CT simulator instead of a linear

accelerator with cone beam CT. The error is regretted and the updated version is available online.

KARACHI



From left to right: Dr Muhammed Aasim Yusuf, Acting CEO of SKMT, and Mr Irfan Siddiqui, President & CEO of Meezan Bank at the signing ceremony to assist SKMT in implementing a Shariah compliance framework for collection, utilisation, and management of Zakat funds.

Mr. Tariq Azam, Director Marketing SKMCH&RC and Mr. Abdul Mannan, Chief Information Officer, Bykea, signing an agreement to assist SKMCH&RC in collection of donations



THANK YOU TO OUR SPONSORS & SUPPORTERS















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Published by Media & Communications Department - Shaukat Khanum Memorial Cancer Hospital and Research Centre 7 A Block R-3, Johar Town, Lahore - Pakistan | Tel +92 42 3590 5000 Ext 7150 | UAN 111 155 555 Email: communications@skm.org.pk | www.shaukatkhanum.org.pk

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Survivor's Story:

Ahmad Abdullah

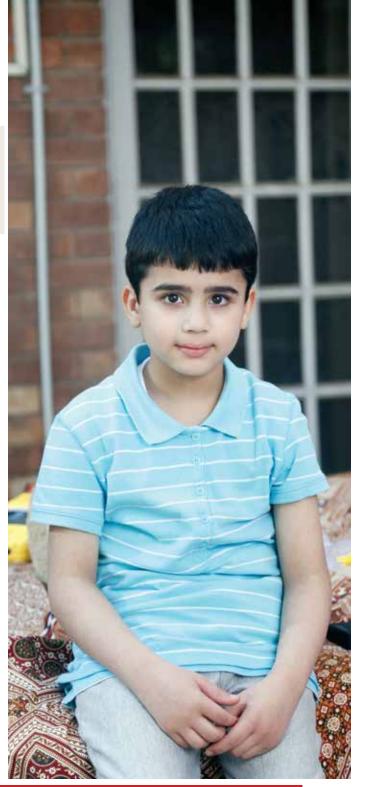
Each year, cancer upends the lives of thousands of families around the world. At Shaukat Khanum Hospitals in Lahore and Peshawar, patients from across the globe receive specialised, world-class cancer treatment regardless of their ability to pay. Eight-year old Ahmad Abdullah is the face of the Shaukat Khanum Zakat Campaign for 2022. Retrace his cancer journey with us, here, through the eyes of his mother.

around Ahmad's neck and on his arms when he was four years old, in 2017, while we were living in Saudi Arabia. At first, we attributed this to play fighting amongst siblings. After a few days, however, when the bruises did not subside, my husband became quite worried. He knew that unexplained bruising could be a sign of something more sinister. He immediately took our son to a local hospital where Ahmad underwent various blood tests, the results of which showed a dangerously low platelet count, indicating the possibility of blood cancer.

We went to several different hospitals in Saudi Arabia, but none would accept Ahmad for treatment. In this race against time, we left our other three children behind and took Ahmad to Pakistan. Our life had suddenly been turned on its head, but we clung desperately to the only hope we had left - Shaukat Khanum Memorial Cancer Hospital and Research Centre (SKMCH&RC), in Lahore. Here, a bonemarrow biopsy confirmed the diagnosis of acute lymphoblastic leukaemia (ALL), a type of blood cancer. To say that this felt like an apocalyptic moment would be an understatement. I would not wish it on anyone. My husband kept saying that his long-term goal of building a house in Pakistan no longer mattered he just wanted his son to live.

e first noticed bruising At SKMCH&RC, Lahore, Ahmad, in common with all the children under treatment there, was treated like a member of the family. A playroom staffed by qualified play therapists helped divert his attention from his treatment. The Hospital provided nutritious meals and, to my surprise, took great pains to cater to my child's food preferences. We did not have enough resources to pay for Ahmad's prolonged cancer treatment, which was estimated to last for four years, but Shaukat Khanum did not abandon us. Ahmad received financially supported treatment, and I repeatedly witnessed patients receiving the same quality of treatment at the hospital, regardless of their ability to pay.

> Ahmad has now thankfully completed active cancer treatment and is now on regular follow-up. He goes to school now and it makes me extremely happy to see my son enjoy, once again, a normal childhood, after his long ordeal with cancer. Shaukat Khanum Hospitals are a huge blessing. I lack the ability to fully express my gratitude but, in a small attempt to say thank you personally, I started a YouTube channel, the earnings from which I have been donating to SKMCH&RC for giving my son another chance at life. Ahmad says he wants to grow up to become a doctor and return to Shaukat Khanum Hospital as a healer, rather than as a patient. I hope and pray that my son's dream comes true.



The Impact of Your Support

In 2021, your Zakat and donations enabled us to provide financially supported treatment worth Rs. 9.7 billion to over 75 percent of our cancer patients.

Clinical Activity at a Glance - 2021 SKMCH&RC (Lahore, Peshawar & Others)



















1,963,904 **Pharmacy Dispensing**

Clinical Service in Focus:

Radiosurgery without Knife

At SKMCH&RC, Lahore, installation of a second True-Beam linear accelerator with stereotactic radiosurgery capability is in its final stages, with an expected completion date in late March, 2022. This state-of-the-art linear accelerator replaces an older accelerator in the department of Clinical and Radiation Oncology, which is equipped with a total of five linear accelerators. This is the largest department in the country, delivering more than 50,000 radiation therapy sessions each year.

SKMCH&RC, Lahore now provides Stereotactic Radiosurgery (SRS) for lesions in the brain and other parts of the body, using the most advanced Linear Accelerator (LINAC) based system. This allows all our cancer patients to access world-class radiotherapy, regardless of their ability to pay. The TrueBeam linear accelerator is capable of delivering radiation therapy using a precisely focused radiation beam to treat tumours, as well as other abnormalities, in the brain, neck, lungs, liver, spine and other areas with a high degree of accuracy, while minimising damage to surrounding normal tissues. It is faster and more accurate than older technologies, delivering radiation to targets as small as 0.5 millimetres, usually in less than 15 minutes. SRS with LINAC is a non-invasive procedure, is safer than traditional surgery, and patients can resume normal activities almost immediately. At SKMCH&RC, we aim to continuously upgrade our equipment and technology, so as to be able to provide the best possible treatment to all our



Construction Update for SKMCH&RC, Karachi







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