

MEDICAL EDUCATION & TRAINING

90+ Programmes
Offered at Shaukat Khanum
Hospitals including

- Fellowship programmes recognised by the College of Physicians and Surgeons, Pakistan (CPSP)
- Post RN Bachelor of Science in Nursing
- International Pharmacy Practice Residency Programme accredited by the American Society of Health-System Pharmacists (ASHP)
- Diplomas in Laboratory Technology & in Respiratory Therapy

22ND SHAUKAT KHANUM CANCER SYMPOSIUM



Professor Syed A. Hussain
delivering the plenary talk.

The 22nd Shaukat Khanum Cancer Symposium was organised, for the first time, in Peshawar. This is the largest oncology meeting in Pakistan, and was attended by over 2,000 delegates, featuring talks by national as well as international speakers from 12 different countries. The plenary talk was delivered by Professor Syed A. Hussain from the University of Sheffield, UK, who spoke about "Precision Medicine in Oncology", sharing the latest updates on liquid biopsies and circulating tumour DNA. Six young researchers competed for the prestigious Ahsan Rashid Memorial Research Award. This is one of the highlights of the symposium, with the award being named after a great supporter and benefactor of our hospital. The winner this year was Mr. Ali Islam, from Shaukat Khanum Hospital, who presented a study on "Next Generation Sequencing - Unravelling genomic variants relevant to clinical practice."



Mr. Ali Islam
receiving the Ahsan Rashid
Memorial Research Award
from Mr. Mansoor Ahsan,
son of Mr. Ahsan Rashid.

THE ROYAL COLLEGE OF SURGEONS OF EDINBURGH CONDUCTS THE MRCS EXAMINATION AT SKMCH&RC, LAHORE



The organising team of the RCSEd MRCS Clinical (OSCE) examination at Shaukat Khanum Hospital, Lahore.

A team of senior examiners from The Royal College of Surgeons of Edinburgh (RCSEd) travelled to Lahore in November 2023 to conduct the MRCS Clinical (OSCE) examination at Shaukat Khanum Hospital. Dr Zahid Raza, chief examinations convener for the RCSEd supervised the examination. We are the only site in Pakistan where this examination is conducted. We look forward to welcoming the Royal College team again for future academic activities in Pakistan.

THANK YOU TO OUR DONORS & SUPPORTERS



Please Deposit your Zakat, Sadqat and Donations at any of our Regional Offices given below

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HOPE

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HOW YOUR SUPPORT MAKES A DIFFERENCE

2023

75%
OF OUR PATIENTS TREATED
FREE OF CHARGE

30,000
CANCER PATIENTS FUNDED
WITH YOUR SUPPORT

US\$ **46** Million
Spent on patient support,
of which

US\$ **30** Million
came from Zakat

WHO RECEIVES YOUR ZAKAT?

After clinical evaluation, cancer patients needing financial support will undergo a one-time financial assessment. Those deemed eligible for Zakat will receive subsidised treatment, with over 75% of patients receiving all treatment completely free of charge. Shaukat Khanum Memorial Trust ensures that all Zakat collected is disbursed within the year of collection, and used in accordance with Islamic principles. Zakat management at SKMT has been independently certified as being fully Shariah-compliant.

New Registrations
13,483

Radiotherapy sessions
80,544

Surgical Procedures
17,917

Outpatient Visits
328,741

Chemotherapy sessions
79,998

Pharmacy Dispensing
2,411,315

CANCER CARE AT SHAUKAT KHANUM HOSPITALS

MEDICAL ONCOLOGY

- Your support enables us to treat a broad range of cancer types according to disease-specific internationally accepted management guidelines to ensure standardised, and world-class, care.
- All our cancer patients are discussed in a multidisciplinary meeting prior to the start of treatment.
- In September 2023, our hospitals were certified by the Quality in Oncology Practice Initiative (QOPI) Certification Program, of the American Society of Clinical Oncology (ASCO).
- We offer all the various modalities of treatment, including chemotherapy, targeted therapy, immunotherapy and bone marrow transplantation. We provide both autologous transplant (using a person's own stem cells) and allogeneic transplant (using stem cells from a matched donor).

CHEMOTHERAPY SESSIONS IN 2023

LAHORE

53,717

PESHAWAR

24,305

KARACHI

1,976

50+
PATIENTS UNDERWENT
BONE MARROW
TRANSPLANTATION
IN 2023

NOTE: DATA FROM THE SHAUKAT KHANUM KARACHI DIAGNOSTIC CENTRE & CLINIC, KARACHI.

PAEDIATRIC ONCOLOGY

- Our Paediatric Oncology Department accepts a broad range of childhood cancers every year. In 2023, children made up over 12% of all new patients accepted.
- Between Lahore and Peshawar, we have 38 inpatient beds dedicated for children with cancer. We also have 15 outpatient chemotherapy beds dedicated for children, across both sites.
- As part of survivorship care, we have a long-term follow up clinic to ensure well-being of children who have successfully completed cancer treatment.

RADIATION ONCOLOGY

- We have the largest radiation oncology department in the country, with five linear accelerators in our Lahore hospital and two in Peshawar.
- We regularly upgrade our equipment to be able to provide radiation therapy with a high degree of patient comfort and safety, accuracy, precision, and speed to the ever-increasing number of cancer patients at our hospitals.
- In 2023, we installed a new Halcyon linear accelerator at SKMCH&RC, Lahore.

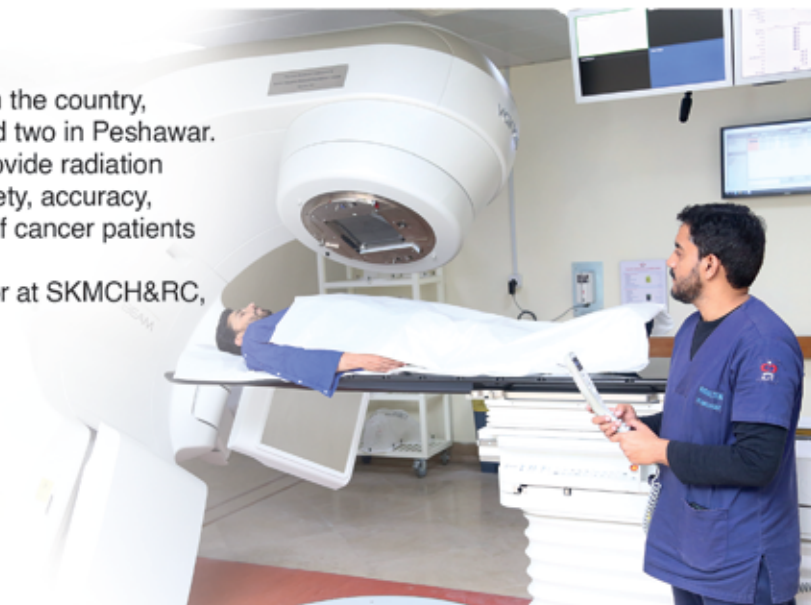
RADIOTHERAPY SESSIONS IN 2023

LAHORE

57,185

PESHAWAR

23,359



SURGICAL ONCOLOGY

- All our surgeons are site specialists who work in close collaboration with medical and radiation oncologists to ensure that a multidisciplinary approach is followed for each patient.
- In late 2023, we commenced breast surgery at SKMCH&RC, Peshawar. We hope to expand this service in 2024 by opening two new operating rooms and inducting a new breast cancer surgeon.

SURGICAL PROCEDURES IN 2023

LAHORE

16,518

PESHAWAR

1,399



PALLIATIVE CARE

- Palliative care improves the quality of life of patients by offering all-encompassing support, including, physical, psychological, social or spiritual.
- We run specialist palliative medicine clinics for all cancer patients regardless of age, stage of disease or prognosis. Our clinical psychologists, psychiatrists, nutritionists, physiotherapists, and play therapists further complement and enrich the care we provide.
- A home palliative care service was launched, in both Lahore and Peshawar, in 2023, allowing physicians and nurses to provide care at the patients' home, while also allowing family members to participate more meaningfully in the care of their loved ones.
- We are pioneers in training in this field, having established the only formal training programme in palliative medicine, in Pakistan, and are approved by the College of Physicians and Surgeons of Pakistan as a training site for palliative medicine.