

# HOPE

KARACHI EDITION 2024



Imran Khan  
Cancer Appeal Inc.

Help complete the construction of  
**SHAUKAT KHANUM  
CANCER HOSPITAL  
KARACHI**  
**#LetsMakeItHappen**

## Inside this Issue

Update: SKMCH&RC, Karachi  
Survivor's Story: Bisma's Journey  
from Hyderabad to Lahore  
News & Events

Scan to donate



**Your generous and regular  
donations are needed to ensure  
timely completion of the Hospital.**

Imran Khan Cancer Appeal, Inc. is a nonprofit charitable organization registered under section 501(c)3 of the IRS. Your contribution may be tax deductible to the full extent permitted by law. Our EIN # 13-3626299

To Donate Online:



[www.shaukatkhanum.org.pk](http://www.shaukatkhanum.org.pk)

Call:



Call +1 (860) 674 8865

Email:



[shkm2@sbcglobal.net](mailto:shkm2@sbcglobal.net)  
[fundraising@skm.org.pk](mailto:fundraising@skm.org.pk)



You Can Help Bring a New Dawn of Hope in Karachi

# LET'S MAKE IT HAPPEN!

Contribute Towards Pakistan's Largest Specialist Cancer Centre  
Shaukat Khanum Memorial Cancer Hospital and Research Centre in Karachi

 **400+**  
Beds

 Free  
treatment for  
**75% patients**

Sharing the burden of  
**180,000+**  
new cancer patients in  
Pakistan each year

## Project Overview

Location	DHA City, Karachi
Constructed Area	Over 1 million square feet
Total capacity	400+ beds
Total project cost	Over US \$ 105 million
Status	Physical structure completed and finishing work continues

## Become a **Founding Donor** by donating US \$ 5,000

The names of the Founding Donors will be etched on a commemorative wall located in the main lobby area of the hospital.



**US \$ 70 Million**  
still needed for finishing  
work & equipment

You can honour the memory of a loved one by dedicating a complete unit or a room in our third SKMCH&RC in Karachi. A dedication plaque will be placed outside the dedicated area as a lasting tribute to their legacy.

For more details, please visit our website

[shaukatkhanum.org.pk/skmch-karachi/](http://shaukatkhanum.org.pk/skmch-karachi/)

## Dedicate a Complete Unit/Area

Area	Unit Price (US \$)
Inpatient Unit (with 96 beds)	7,042,300
Clinical & Radiation Oncology Unit	2,112,700
Bone Marrow Transplantation Unit	1,408,500
Chemotherapy Bay	1,232,400
Endoscopy Unit	1,232,400
Women's Imaging Unit	1,056,300
Blood Bank Unit	528,200
Examination Room	35,200
Chemotherapy Bed	28,200



# Survivor's Story

## Bisma's Journey from Hyderabad to Lahore

I grew up in Hyderabad and I was studying architecture there when in 2022, I started feeling unwell. I had fever, night sweats, and swollen lymph nodes in my neck. I went to a doctor who advised biopsy and at the age of 23, I was diagnosed with Hodgkin's lymphoma, a type of cancer that develops in the lymphatic system. My treatment started at Shaukat Khanum's Karachi Diagnostic Centre and Clinic with chemotherapy. Initially, after four cycles of chemotherapy, my cancer seemed to be responding well to treatment. However, we found out soon that my cancer was very aggressive, and I was advised to go to the Shaukat Khanum Hospital in Lahore for further care.

There were moments during my cancer journey when I thought I was living my last day. At one point, it felt like electric shocks were running through my veins and the moment felt unbearable. I thought I won't make it, but I survived because my mother didn't give up on me and my doctors didn't give up.

In Lahore, I received a chemotherapy combination given for Hodgkin's lymphoma that has come back. After two cycles, I had a PET scan and the results showed that my cancer wasn't responding to treatment. After this, my doctor advised another combination of chemotherapy. The PET scan continued to show that my cancer was evading treatment. After exhausting all options, my doctor recommended a type of immunotherapy that wasn't available in Pakistan and had to be imported especially for me. After two months of treatment and another PET scan, we finally got good results! Following this, I underwent Autologous Stem Cell Transplantation, a procedure where a patient's own healthy stem cells (blood-forming cells) are collected before treatment and are given back to the patient after treatment. During this period, I had to stay in isolation. It was a very challenging time for me but with my family's support, I made it. Each patient's journey is unique but remember that you are the writer of your own story. If Shaukat Khanum didn't exist, I don't even know if I'd be here talking to you. I finished my thesis and all the requirements to graduate during treatment. I want to tell other patients not to give up—there is a future beyond cancer.



### After completing treatment

Bisma is ready to collect her university degree in July 2024



### Bisma during stem cell transplantation

## News & Events

## Dreaming Big

Celebrating courage, resilience, and hope at the 15th Graduation Ceremony for paediatric cancer patients

# 70

**Children Graduated**  
in the first quarter of this year





# Shaukat Khanum Hospitals Mark **World No Tobacco Day**



Cancer prevention is an important element of our mission at Shaukat Khanum Memorial Cancer Hospital & Research Centre and awareness about the risks of tobacco use is one of our major awareness campaigns. This year, we intensified our efforts to mark World No Tobacco Day by creating a new advertisement, engaging both conventional and digital media, as well as students across the country. Awareness sessions were also organised for patients visiting our Walk-in Clinics.

For nearly three decades, SKMCH&RC has organised an annual anti-tobacco poster competition in schools, encouraging young minds to internalise and spread the message. This year, we received around 1,500 entries from across Pakistan on the theme: "Choose Life, Not Tobacco". Selected posters were displayed in the hospital premises on World No Tobacco Day. Together, let us continue to fight tobacco to promote a healthier future.

## Pakistan's **Palliative Care Milestone:**

Doctors from Shaukat Khanum Hospitals participate in organising the country's first ever FCPS examination in Palliative Medicine under the umbrella of CPSP

Experts from Shaukat Khanum Hospitals participated in organising the country's first ever FCPS examination in this speciality under the umbrella of CPSP. The convener of the examination was Dr Haroon Hafeez from SKMCH&RC, Lahore, and the external examiner was Dr Iain Lawrie, Consultant in Palliative Medicine from North Manchester General Hospital, UK. We hope that more young doctors will opt for this field and help us build Pakistan's capacity to improve the quality of life of our patients.



Dr Iain Lawrie

## Breast Cancer Research **Receives a Boost**

Our researchers, under the supervision of Dr. Usman Rashid, received a grant of Rs. 1 million for their study on triple-negative breast cancer. Their proposal was selected as the top submission by HealthRAB at the Health Services Academy, Islamabad. Support our research to advance cancer prevention, detection, and treatment.



## Shaukat Khanum **Social Responsibility Awards**

This year, Shaukat Khanum Social Responsibility Awards were organised in Lahore and Karachi where nearly 150 organisations were recognised for their valuable contributions to support our mission of fighting cancer throughout 2022 and 2023.



Mr. Aqeel Karim Dhedi, Chairman of the AKD Group, receiving a Shaukat Khanum Social Responsibility Award from Dr Faisal Sultan

## THANK YOU TO OUR DONORS & SUPPORTERS



Please Deposit your Zakat, Sadqat and Donations at any of our Regional Offices given below

USA	United Kingdom	Norway	Gulf	France	Canada	Australia
4 Forest Park Dr. Farmington CT 06032 +1 860 674 8865	P.O. Box 786 66 Little Horton Lane Bradford Bds OYE +44 12 7442 4444	Hogasveien 104 1259 Oslo +47 930 63 545	Building No. 4 Office No. 112 P.O. Box 506032 +971 4 457 2434	84 Rue Maurice Berteaux 95360 Montmagny +33 6 07 64 47 88	7800 Kennedy Road Suite 101 Markham Ontario L3R 2C7 +1 905 470 8111	Suite 12 Level 1 89 Jones Street ULTIMO Sydney NSW 2007 +61 2 9211 8465

Donate from USA: [www.shaukatkhanum.org.pk](http://www.shaukatkhanum.org.pk) | Call +1 (860) 674 8865 | [shkm2@sbcglobal.net](mailto:shkm2@sbcglobal.net) | [fundraising@skm.org.pk](mailto:fundraising@skm.org.pk)

Published by Marketing & Resource Development Department - Shaukat Khanum Memorial Cancer Hospital and Research Centre  
7 A Block R-3, Johar Town, Lahore Pakistan | Tel: +92 42 3590 5000 | [shaukatkhanum.org.pk](http://shaukatkhanum.org.pk)

2024 Shaukat Khanum Memorial Cancer Hospital and Research Centre. All Rights Reserved.  
No part of this publication may be used in any form without prior written approval from Marketing & Resource Development Department.