

HOPE

Karachi Hospital Edition 2023

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Samina Baig fearlessly conquered peaks, including Everest and K2. She is now embarking on another journey by supporting our mission of bringing Shaukat Khanum Memorial Cancer Hospital and Research Centre to Karachi. Together, we can make a lasting impact on the lives of many patients fighting cancer, and their families. Let us unite to keep the flag of hope flying aloft!

Join us as we aim for
**NEW HEIGHTS IN THE
FIGHT AGAINST CANCER**
Bringing Pakistan's Largest
Shaukat Khanum Hospital to Karachi



Donate generously and be a part of this extraordinary journey of bringing hope to cancer patients, closer to their homes.



Imran Khan
Cancer Appeal Inc.

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SKMCH&RC, Karachi: Who's going to build it? We are!



Sharing the Burden of
180,000+
New Cancer Patients
in Pakistan Each Year

Muhammad Akhtar from Karachi

"I had to quit work in Karachi to bring my 13-year old son, Bilal, to SKMCH&RC, Lahore, for treatment of bone cancer. Recently, Bilal completed his last cycle of chemotherapy and I can tell you that, as his parents, we cannot remember a happier moment in our entire lives. We want to ask everyone to do everything they can to support the completion of SKMCH&RC, Karachi. At the Karachi hospital, thousands of patients like my son will be able to receive world class cancer treatment closer to their homes, without worrying about whether they can pay for it or not."



Only two percent of cancer patients from Sindh are able to make the 1,200 km journey to reach SKMCH&RC, Lahore. Many cancer patients and their families continue to struggle under the burden of cancer in the absence of a specialist cancer hospital in the region. SKMCH&RC, Karachi will provide fully comprehensive curative and palliative therapy for cancer, together with state-of-the-art diagnostic and support facilities, under one roof, without regard to the patient's ability to pay.

Our Collective Responsibility

Building a cancer hospital in a resource-constrained environment is a huge challenge. Keeping such a facility running, year-on-year, enabling it to grow and develop, to remain at the cutting edge of technology and science, and to continue to treat an ever-increasing number of patients for free, however, is a challenge of an altogether greater magnitude. The people of Pakistan from all across the world rallied together to build the nation's first Shaukat Khanum Hospital in Lahore in 1994 and their continued support has ensured the hospital has grown from strength to strength over the last three decades. The second SKMCH&RC opened in Peshawar in 2015, since close to 30% of the patients seen at SKMCH&RC, Lahore were from KP and Afghanistan. While there are a number of facilities in Karachi that offer quality cancer care, Pakistan's largest city needs a state-of-the-art tertiary care cancer centre which ensures equal access to all patients, irrespective of their ability to pay. In order to bridge this gap and to provide free and high-quality cancer care to as many people as possible, we have undertaken the enormous task of constructing our third and Pakistan's largest cancer hospital in Karachi. At twice the size of our hospital in Lahore, this hospital will serve not only the city of Karachi, but also patients from elsewhere in Sindh, as well as from Southern Baluchistan. These are challenging economic times for Pakistan, and it would be wrong to say that we have been unaffected by inflation, devaluation and other issues which have beset us as a nation, of late. Nevertheless, we remain steadfast in our conviction to deliver a world-class facility in Karachi as soon as

practically possible and, to this end, finishing work at the site in DHA City continues at speed.

Shaukat Khanum belongs to all the people of Pakistan – they built it, they support it and it is only with their ongoing support and generosity that we will see the fruition of the dream of a third cancer hospital, in Karachi. In total, we need US\$ 52 million to complete the finishing work and to help install the state-of-the-art equipment we need to diagnose and to treat our patients in Karachi. Each one of you has a vital role to play in fulfilling this dream, and in helping those less fortunate than you to fight the scourge of cancer in Pakistan.

400 + beds



Pakistan's Biggest
tertiary-care cancer hospital



75% of all patients
receive free treatment



Site preparatory work started

2019



Construction work progressed despite the Covid-19 pandemic

2020



Physical structure completed

2022



Ongoing finishing and mechanical works

2023



2021



Pakistan's largest concrete pour recorded

US\$ 52 million still needed for SKMCH&RC, Karachi

 **CREATE A LEGACY:**

Become a Founding Donor of SKMCH&RC, Karachi



Become a Founding Donor of SKMCH&RC, Karachi by donating **US\$ 5,000**. The names of Founding Donors will be etched on the Founding Donor's Monument that will be unveiled at the time of the inauguration of the project.

*The Founding Donor Monument image is for reference only and does not depict the actual one in Karachi.



www.shaukatkhanum.org.pk/skmch-karachi

 **SERVICE IN FOCUS:**

Bone Marrow Transplantation

Bone Marrow Transplant services at SKMCH&RC, Lahore, started in April 2006. The service was expanded to include allogeneic transplant (where stem cells are taken from a person other than the patient) in 2017. Bone marrow transplant can be used for treatment of cancers affecting white blood cells or plasma cells as well as of bone marrow failure. Our state-of-the-art bone marrow transplant programme is supported by the latest technology, including apheresis equipment, HEPA-filtered and negative air pressure isolation rooms and excellent laboratory facilities.

Your generous support will help us perform more bone marrow transplantation (BMT) procedures this year.

Contact us on fundraising@skm.org.pk to fund treatment of a cancer patient

You can dedicate a BMT room at SKMCH&RC, Karachi, and bring this state-of-the-art service closer to them.

Visit our website to find out rooms available for dedication at SKMCH&RC, Karachi

Total till June 2023
240
Patients Underwent Bone Marrow Transplantation.

Estimated cost of treatment with BMT
One patient: US\$ 35,000

EVENTS & ACTIVITIES: Improving Patient Flow

In April this year, a new 12-bed admission holding bay (AHB) opened at SKMCH&RC, Lahore. It will improve patient flow where patients will be able to receive care, including pain assessment, until admission in the inpatient department.



First Pharmacy Practicum

Pharmacy students from different institutions across Pakistan participated in the first pharmacy practicum organised at SKMCH&RC, Lahore, and learned about pharmacy processes based on real-life experiences. The students were also given an overview of different learning opportunities available at the hospital for the training and development of pharmacists.



SKMCH&RC, Lahore is the first hospital in Pakistan to offer a one-year International Pharmacy Practice Residency Program (IPPRP) accredited by the American Society of Health-System Pharmacists (ASHP), which is an honour for SKMCH&RC, and a significant step towards increasing capacity in the field and raising healthcare standards in the country.

A Brother's Loving Tribute

Muhammad Arif travels regularly from Sindh to Lahore to donate blood in memory of his sister, who had treatment for a brain tumour at SKMCH&RC, Lahore. On World Blood Donor Day, he encourages everyone who is eligible to donate blood and save up to 3 lives. If you are in good health, weigh at least 50kg and have a haemoglobin level of at least 12.5 g/dl, "Give Blood, Give Plasma, Share Life, Share Often."



Fostering emotional well-being in children

Three-year old Barira tries out the new toy car at the Clinical & Radiation Oncology Department of SKMCH&RC, Lahore. This new mode of transportation takes children from the paediatric waiting area to the linear accelerator for radiation therapy. It serves to allay anxiety in children before undergoing treatment and young patients will hopefully have more positive childhood memories of their hospital visits.



UPDATES FROM PESHAWAR:

Khyber Pakhtunkhwa HCC Completes Inspection

On June 9, 2023, the Khyber Pakhtunkhwa Health Care Commission (KP HCC) conducted an assessment of Shaukat Khanum Memorial Cancer Hospital and Research Centre, Peshawar for renewal of the HCC License. The team inspected the entire facility, reviewed documentation and engaged in discussions with the hospital management and staff. Once again, this year, the Hospital successfully met the standards for renewal of the HCC License. All healthcare facilities in the province routinely undergo this mandatory evaluation once every three years. The objective is to maintain a minimum quality standard of healthcare delivery across the province. SKMCH&RC, Peshawar was first registered with KP HCC in 2017.

Jan – June 2023

Chemotherapy
Sessions



11,718

Radiation
Sessions



11,291

OR
Procedures



627

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Donate From USA: www.shaukatkhanum.org.pk Call +1 (860) 674 8865 shkm2@sbcglobal.net fundraising@skm.org.pk

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